



park club
health & day spa

menu of spa services

hyatt pure

a worldwide collection of extraordinary spas, ranging from urban to resort in setting. Each spa is custom designed to embrace the local environment and culture to provide an authentic indigenous experience. Returning to the true definition of spa, “sanitas per aquas.” Latin for “healing by waters,” treatments and services incorporate the principles of hydrating the body to promote wellness and renewal.

hyattpure.com

your sanctuary awaits

Experience total calm and relaxation, amidst luxurious surroundings at Park Club Health & Day Spa. This divine retreat from the outside world will leave you glowing and tranquil.

During your visit, we invite you to utilise the wet facilities, including a 25m indoor heated pool, spa, sauna and steam rooms. Make the most of your day spa experience with our outdoor sundeck or order from our sumptuous Spa Cuisine menu.

The day spa offers a range of decadent treatments with proven results, seamlessly blending the power of science and nature guaranteed to sooth the body, mind and soul into submission.

facial treatments

SKIN SPECIFIC

express facial 30 min. Mon-Sat 80 Sun/Pub Hol* 90

All skin types

This facial incorporates all the basics in a time frame that fits a busy schedule. Recharge with our thirty minute gentle pore cleansing and exfoliation followed by a complete relaxing massage for your face and shoulders. Walk out with a healthy looking and revitalized skin.

skin calming facial 60 min. 140 160

Sensitive skin/hypersensitivity and rosacea conditions

This facial is pure, soothing and heavenly for sensitive skin. Gentle but effective treatment combines highly comforting and regenerative benefits to relieve the symptoms of hypersensitivity and Rosacea.

hydrating facial 60 min. 140 160

Dehydrated/dry

Flaky, tight skin are clear signs of dehydration. Whether you have dry skin or are suffering from dryness due to irritation, the cycle of dehydration must be stopped. A deep exfoliation renews your skin by removing excess dead skin cells, leaving it refreshed and ready to absorb hydro-intensive ingredients. This treatment will replenish any moisture loss leaving your skin looking and feeling radiant.

oily solution facial 60 min. 140 160

Oily acne prone skin

This facial feeds your skin with beta and alpha-hydroxyl acids, the perfect combination for effectiveness without irritation. The treatment includes removal of skin impurities, followed by oxygen and stabilizing concentrates to reduce bacteria proliferation and regulate excessive oil secretion. Skin looks instantly purified and is balanced with a matte finish.

Pub Hol*: denotes Public Holidays

Mon-Sat Sun/Pub Hol*

energizing men's facial 60 min. 140 160

All skin types

This facial is designed to meet a man's skin specific needs. The relaxing and effective treatment starts with a deep cleanse, followed by a smoothing exfoliation. Targeted ingredients work deep within the skin to treat the visible effects of ageing. Moisture is replenished leaving your skin fully hydrated and revitalised.

Shaving is not recommended for men prior to a facial.

Purchase a course of 5 skin specific facials and get 1 Free* 700

*Conditions apply. Available Monday to Saturday only.

EYE TREATMENT

age defying lip & eye treatment 30 min. 80 85

All skin types

Age-Defying Lip & Eye is an intensive repair treatment formulated to restore firmness around the delicate eye and lip areas. This anti-wrinkle treatment infuses powerful restructuring ingredients, such as amino acids originating from collagen and elastin, directly into the skin. The result is a visible reduction of fine lines and wrinkles, and restored moisture and elasticity.

The perfect addition to any 60 minute facial or just on its own

In addition to a 60 minute facial 15 min. 35 40

ADVANCED PERFORMANCE

Mon-Sat Sun/Pub Hol*

vitamin c protection facial 75 min. 170 195

All skin types – Devitalised and damaged skin

This antioxidant treatment relieves sun-damaged skin and helps fight the signs of premature aging. A reparative serum, containing a high concentration of Vitamin C, is formulated to improve appearance and stimulate collagen production to renew skin's firmness. This Vitamin C treatment provides an extraordinary experience for your skin, by drenching it with essential vitamins and nutrients. Skin will emerge nourished and revitalized.

o2 brightening facial 75 min. 170 195

All skin types

This deep oxygenating facial is suitable for everyone. This oxygen rich treatment penetrates the skin to re-energise it from within and eliminates toxins from deep within the pores whilst the unique massage techniques decongest the body and mind, producing a pure state of calmness.

purifying facial 75 min. 170 195

Mature oil/ combination skin

Clearer skin starts here with our powerful purifying treatment. Stabilizing ingredients are used to cleanse and lightly exfoliate the skin, while amino acids, botanical extracts and Vitamin B are infused deep within the epidermis to correct and clear oily tendencies. Each step of this impressive treatment adds lightness to your skin, summing up to an overall feeling of weightless, purified skin.

Purchase a course of 5 advanced performance facials and get 1 Free*

850

*Conditions apply. Available Monday to Saturday only.

ANTI - AGEING

Mon-Sat Sun/Pub Hol*

age defying facial 75 min. 220 255

Mature skin

This facial is a structure repair treatment that addresses the underlying problems of aging at the skin cellular level. Targeted ingredients such as key amino acids and A-E-C vitamins work deep within the skin to treat the visible effects of aging. This treatment reverses on the aging process by reactivating healthy cell functions and nourishing your skins cells with their most basic needs. The result is instantly firmer, glowing skin.

diamond facial 90 min. 300 345

Mature skin

A highly unique treatment to rejuvenate tired mature skin. The anti-aging and rejuvenating benefits of the Diamond Collection and the invigorating firming effects of the Ice-Lift mask will lift and repair the skin. To complete this invigoration treatment, frozen plant DNA, with grape seed extract and lavender essentials oil, gently melts into the skin to protect and repair damage, leaving the skin smooth hydrated plump and radiant.

park club signature facial 75 min. 210 240

All skin types

This signature facial is personally designed by your therapist specifically for your skin's needs. This luxurious facial includes an active concentrate eye treatment and a customized mask as well as a relaxing neck and shoulder massage to leave your skin balanced, radiant and refined. Be prepared for total bliss.

massage treatments

Soothe your body into submission with one of Park Club's signature massages, designed to revive your senses and delivered by our team of highly trained therapists.

		Mon-Sat	Sun/Pub Hol*
revitalising scalp treatment	20 min.	50	55
Designed to free tension and relax the mind, this head massage is beautiful on its own or in addition to any treatment.			
foot bliss	30 min.	80	90
A refreshing foot soak with softening foot scrub and finishing with revitalising and relaxing foot massage to ease tension of weary feet.			
relaxation and soothing massage therapy	30 min.	75	85
	45 min.	100	115
	60 min.	120	140

A relaxing massage using light to moderate pressure using smooth flowing techniques. Reduces tension, stress and improves muscles tone and circulation leaving you balanced and calm.

aromatherapy massage	60 min.	130	150
The exquisite aroma's essential oils are custom blended with relaxation massage techniques that help sooth the body, ease the mind and revive the spirit. A perfect treatment for anyone needing to de-stress.			

Purchase a course of 5 one hour aromatherapy and get 1 Free*	650		
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*Conditions apply. Available Monday to Saturday only.

ADVANCE MASSAGE THERAPIES

		Mon-Sat	Sun/Pub Hol*
deep tissue massage	60 min.	125	145
Deep pressure massage utilizing joint and stretching techniques to give the body a vigorous workout, targeting any specific areas of tension that need releasing.			
pre & post natal massage	60 min.	130	150
This soothing full body massage is performed with body pillows added for comfort. A relaxing massage specifically designed for pregnancy to reduce the stress put on weight bearing joints such as ankles, lower back and pelvis. Assisting in regulating sleep patterns, increasing circulation and keeping the body relaxed before labour.			
tailored 90 minute massage	90 min.	170	195
This tailored treatment results in the relief of muscular tension, physical and mental stress, alleviates aches and pains, improves microcirculation and accelerates the elimination of toxins. You feel totally relaxed, yet re-energised.			

Pub Hol*: denotes Public Holidays

body treatments

sea salt glow 60 min. 140 160

Scrub | Shower | Body Moisturisation

A vigorous full body salt exfoliation incorporating warm stimulating and detoxifying oils. Your skin is deeply cleansed, polished and softened to perfection. The treatment is completed with an application of body moisturisation leaving the skin glowing, vibrant and replenished.

bamboo scrub and glow 60 min. 140 160

Scrub | Body Moisturisation

Allow your beautiful skin to surface with an enticing Bamboo Scrub. This effective, yet delicate scrub used micro-particles from bamboo to massage and exfoliate your skin, and essential oils to liven and stimulate your senses. The Bamboo Scrub is quickly absorbed leaving our skin soft and purified.

Treatment is finalised with a full body moisturisation and a mist of Oligo Relax to nourish the skin and provide a final calming touch.

citrus drench 60 min. 160 185

Scrub | Wrap | Scalp | Shower | Body Moisturisation

Restore elasticity and hydration. Ideal body treatment for skin that has been damaged by the sun or free radicals in our environment using natural ingredients, such as citrus extracts, shea butter, bamboo and rose hip oil.

The antioxidant citrus scrub and body mask regime protect against dryness and premature aging whilst drenching the skin with moisture for an immediate affect.

detox marine algae wrap 60 min. 160 185

Scrub | Wrap | Scalp | Shower | Body Moisturisation

A detox cocktail designed specifically for your needs, infusing elements to boost your bodies' own efforts to eliminate toxins and decongest. The session begins with an exotic Bamboo Scrub which prepares the skin for the warm algae wrap, rich in minerals, vitamins and enzymes that penetrates the pores to purify and nourish the skin. A final body moisturisation fully decongests the area leaving your skin refreshed.

lomi juma body treatment 90 min. 200 230

Scrub | Wrap | Scalp | Shower | Massage

Lomi –Juma massage is a fusion of healing traditions from the Pacific and the Mediterranean. The purpose of this massage is to free energy flow, reduce stress and restore the balance between mind and body. The skin is prepared with a crystallised honey exfoliation prior to the remineralisation and invigorating effects of the heating/cooling wrap. A melting mango body butter rhythmically massaged into the body completes this ritual of harmony and well being.

diamond magnetic experience 90 min. 320 370

Scrub | Massage

The perfect synergy between holistic healing, high performance products and a touch of indulgence. This sophisticated treatment uses precious gemstones to clear the energy pathways and a magnetic scrub with diamond particles to increase energy glow and reduce stress. Culminating with stretching and dynamic joint techniques and a luxurious body cream massage, the results are immediate as your skin is left smooth, dewy and luminous.

water rituals

		Mon-Sat	Sun/Pub Hol*
vichy shower	30 min.	70	80

Vichy Shower | Massage

Indulge in the soothing sensation of seven powerful shower jets directed at your spinal chakra points while you relax on a soft bed beneath. The healing power of water coupled with your therapist massaging tension from your body, will leave you refreshed and energized.

spice of life	105 min.	270	310
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Serub | Mask | Scalp | Mini Facial | Vichy Shower | Body Moisturisation

This exotic Park Club signature treatment begins with a traditional Javanese exfoliation. The blend of native ground herbs is believed to be one of nature's best exfoliation methods. A Balinese spice mask is applied to the body to warm, calm and eliminate toxins from the skin. While the body mask is on, enjoy a soothing mini facial and scalp massage. The mask is then vichy showered off and the treatment completed with a full body moisturisation, scented with the richness of the tropics.

Pub Hol*: denotes Public Holidays

essentials

		Mon-Sat	Sun/Pub Hol*
hands			
Express manicure	30 min.	75	85
French manicure	30 min.	80	90

Nails are shaped and cuticles soaked to soften and tidy. An application of colour of your choice from our extensive polish range is then expertly applied or as an alternative you can enjoy a relaxing hand massage.

Note: If you are booked in for an express manicure, nail polish must be removed prior to your appointment.

Deluxe manicure	60 min.	105	120
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Truly pampering experience. As well as nail and cuticle work this manicure includes gentle exfoliation, hand and arm massage with warm volcanic pebbles and hydrating mask that will leave your hands feeling velvety smooth finishing with an application of colour of your choice.

		Mon-Sat	Sun/Pub Hol*
feet			
Express pedicure	30 min.	75	85
French pedicure	30 min.	80	90

This treatment involves a therapeutic foot spa and scrub. Nails are cut and cuticles tidied. An application of polish in the colour of your choice is applied.

Note: If you are booked in for an express pedicure, nail polish must be removed prior to your appointment.

Deluxe pedicure	60 min.	105	120
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Heaven for the mind, body and toes. As well as nail and cuticle work this pedicure includes exfoliation and a lower leg and foot massage with volcanic pebbles to relieve muscle tension finishing with an application of colour of your choice.

Note: Please remember to bring open toed shoes.

packages

waxing

For men and women. The results of perfectly smooth skin is achieved by our expertise in technique and handling. Hygiene is assured with the use of a fully disposable waxing system. You have a choice of either hot wax or strip wax for bikini line and underarm waxing. Special creams are applied to the skin to soothe and minimise irritation.

		Mon-Sat	Sun/Pub Hol†
Lip/chin/brow – together	45 min.	60	70
Lip/chin/brow – Each	15 min.	25	30
Underarm	30 min.	30	35
Bikini – (No Brazilian wax)	45 min.	45	50
Underarm & bikini	30 min.	70	80
Half leg	30 min.	45	50
Half leg & bikini	45 min.	70	80
Full leg	60 min.	65	70
Full leg & bikini	75 min.	90	105
Back	30 min.	65	75
Arms	30 min.	45	50

tinting

Brow	30 min.	25	30
Brow with facial	15 min.	20	25
Lash	30 min.	35	40
Lash with facial	15 min.	30	35
Lash & brow	30 min.	55	65
Lash & brow with facial	20 min.	50	60
Eyelash Extensions	105 min.	250	290
Eyelash extension refill**	45 min.	100	115

**Conditions apply.

†Pub Hol: denotes Public Holidays

peace package

75 min. 175
 30 minute relaxation massage
 Natura Bissé express facial
 15 minute scalp massage

purity package

120min. 260
 Lomi Juma body treatment
 Natura Bissé express facial
 Glass of sparkling wine

ladies pamper package

150 min. 280
 45 minute relaxation massage
 Natura Bissé 60 minute skin specific facial
 Express pedicure

mens pamper package

135 min. 280
 60 minute deep tissue massage
 Natura Bissé energising facial for men
 15 min stress relieving scalp massage

pregnancy package

150 min. 290
 60 minute pre-post natal massage
 Natura Bissé maintenance facial
 Deluxe pedicure
 Fruit smoothie

*Packages are not available on Sundays.

park club weekday specials

pure indulgence package 195 min. 360
Bamboo scrub and glow
30 minute relaxation massage
Natura Bissé advanced performance facial
Spa cuisine meal of your choice

perfection package 195 min. 450
Vitamin C protection facial
60 minute aromatherapy massage
Citrus drench body treatment
Spa cuisine meal of your choice

platinum nail package 120 min. 210
Deluxe pedicure
Deluxe manicure
Nail polish to take home
Coffee or a glass of champagne

pleasure package 120 min. 195
60 minute relaxation massage
Sea salt scrub

pure bliss 120 min. 195
45 minute massage
Natura Bissé 75 minute skin performance facial

*Packages are not available on Sundays.

*Park Club Weekday Special packages are only offered from Monday to Wednesday.

spa etiquette

parking

Valet parking is available to those having spa appointments, terms and conditions apply. Subject to availability.

Complimentary use of all Park Club wet areas is included with treatments.

appointment

We recommend you book treatments in advance to avoid disappointment. To reserve your scheduled appointment, we require a valid credit card number, gift voucher number or room number at time of booking.

arrival

Please arrive 15 mins before your first appointment. This allows you time to get comfortable and also time to complete a confidential client information form while enjoying some herbal tea. This form is compulsory for all clients and will only be required on your first visit. Late arrivals will result in a shortened appointment. Payment for the full treatment will still apply.

For regular clients, it is advisable to arrive 5 minutes before your appointment time.

cancellation

A minimum of 24 hours notice in advance of your scheduled appointment is required.

If the treatment is cancelled with less than 24 hours notice, a 50% charge of the scheduled treatment will apply.

no show

Failure to arrive for your scheduled appointment will result in full charges of the scheduled services.

shower facilities

You are required to arrive “fresh” for your appointment. Shower facilities are available for your use if you are coming directly from a sport or gym session etc. Please arrive 15 minutes prior to your appointment time to complete this activity.

attire

Most spa treatments are experienced without clothing. Disposable underwear, robes and slippers are available. Please leave jewellery and other personal items of value at home. Guests are responsible for their valuables and personal items at all times.

treatment consultation

If you are pregnant or have any medical condition, including colds or flu, that may affect your treatment, please inform your client service coordinator at the time of the booking. This is imperative as some treatments are unsuitable during pregnancy and certain medical conditions.

gift vouchers

Gift vouchers are available for purchase. Vouchers are not redeemable for cash.

hours of operation

Monday to Friday 6.00am - 9.00pm

Saturday to Sunday 8.00am - 8.00pm

